

LOOK REACT STAY IN CONTROL

Expect the unexpected.
Give yourself time to react.

THINK

The best ride is a controlled ride, where you can enjoy a smooth and safe journey.

Stay in control with this simple advice:

Look

Riding defensively means riding like you expect the unexpected. Take a 'lifesaver glance' – one last look around before a manoeuvre. Position yourself in the safest and best place to maximise your visibility of potential hazards.

React

Skilled riders have a sixth sense about their surroundings. Always think ahead and give yourself time to react. Be aware of other road users and get in the right position on the road to anticipate potential hazards and take action.

Stay in control

Controlled riding feels different. The right speed for the conditions you are in and sharpened skills turn a ride into an experience. Make sure you are riding at a speed that will allow you to slow down and stop in good time, whatever the road condition.

Sharpen your skills

There are many different training packages to suit every type of rider, from first timers to returners to those just wanting a better experience.

Qualified trainers can give you practical tips such as, how to position yourself in the best possible place on the road so that you can see and be seen.

If you're interested in sessions designed to help you get the most out of your ride and help sharpen your skills or would like more motorcycle safety search for '**THINK! Motorcycling**' or visit think.direct.gov.uk/control